



ESSE

Feeling Good
Looking Good

TREATMENT LIST 2019

Open 7 days a week

01763 261 000 - info@esse.uk.com - www.esse.uk.com

FEELING GOOD, LOOKING GOOD

WELCOME TO ESSE RETAIL & THERAPY

Esse is our little bit of girly paradise! We have created what we believe to be a haven where our clients can enjoy some 'time out' whether it's just sitting and relaxing at our bar with a coffee or a glass of champagne, taking one of our many exercise classes, experiencing a luxury or an ESSEntial treatment and of course some retail therapy!

ALL OUR THERAPIES INCLUDE COMPLIMENTARY ORGANIC TEA/COFFEE AND USE OF OUR SAUNA.

(Robes and towels are provided)

Select from a wide range of treatments using our carefully chosen products which include Neom Organics, 100% Organic Made for Life, Aromatherapy Associates, Environ, CACI, Lava Shells/Stones, Lycon Waxing, Vita Liberata Tanning, Jane Iredale Make-up, Inika Make-up, Shellac, Vinylux, OPI and much more...

ISOBEL WOOD AESTHETICS

Injectable rejuvenation

COMPLEMENTARY/ALTERNATIVE THERAPIES

Complementary and alternative approaches share a belief in the body's ability to heal itself.

We offer Acupuncture, Reflexology, Homeopathy and Balance Me Abdomen and Chakra Massage. Our independent therapists are fully qualified and professionally trained please contact us via email or phone for more details.

OUR SPA DAYS

We have created a wide range of Spa Days for you to choose from. Please allow time to enjoy the use of our sauna, relaxation area and a little Retail Therapy!

If you would like us to create a more personal Spa Day, please call us and we can advise and put together a special day for you to relax and enjoy!

Tea and coffee is complimentary, light lunches, wine, Champagne and Prosecco are also available to pre order. Our Esse Gift Vouchers are available for all Spa Days.

CHOOSE FROM

All the details of our Spa Days are on our website: esse.uk.com/spa-days/

- Girls Get Together
 - A Couples Escape
 - Detox
 - Winter Warmer
 - Mum to Be
 - Drift
 - It's a Man's World
 - A Couples Escape
 - Step into Spring
 - It's All Roses
 - Revitaliser
 - Perfectly Pampered
-

BEFORE YOUR TREATMENTS

If you are new to Esse please arrive 15 minutes prior to your treatments to allow yourself time to fill in a consultation form and enjoy a cup of Organic Tea / Coffee.

HEALTH CONCERNS

Please inform your therapist before your treatment commences.

CANCELLATIONS

Please provide 24 hours notice for cancellations otherwise 50% of the treatment will be charged.

YOUR WEDDING

We offer a wide range of exclusive Wedding ESSEntials from wedding make up, eyelash extensions and HD Brows to a natural Vita Liberata tan, Shellac manicure and pre wedding luxury pampering. We are happy to tailor make wedding packages specifically for you, your skin and your chosen requirements in the lead up to your special day.

HAIR BY BLISS PERFECT BRIDES

Please contact Lisa Waller directly - 07940668938

ESSE GIFT VOUCHERS

Our Esse gift vouchers can be redeemed against any of our beauty treatments, spa days or promotions as well as any of our clothing, products or accessories in our boutique. Our gift vouchers can be purchased in store or online: <http://esse.uk.com/gift-vouchers>

Unfortunately our Gift Vouchers cannot be used for fitness classes, complimentary therapies or Isobel Wood Aesthetics.

FOOD AT SHEENE MILL

Directly opposite Esse, Sheene Mill is a beautiful venue set on the River Mel that makes the perfect location for a girly lunch or dinner, either before or after your treatments. Whether you would like a salad with a friend in the relaxed surroundings of Sheene Mill's conservatory, a special 2 or 3 course lunch or dinner with your partner or simply a sharing platter or tapas on the comfy sofas at Esse.

(Please be aware that Sheene Mill can only provide a limited menu on Sundays and when they have weddings and exclusive parties or events).

Please phone Sheene Mill on 01763 261393 to book a table and make the most of your treatments.

FACIALS MACHINE BASED

We create our Facials to suit your 'skins needs' and 'your needs.' We have a wide range machine based facials to choose from. No matter what your skin type, our facials work to balance and enhance natural radiance. Using either Aromatherapy Associates, Organic Made for Life or Environ products or a combination of all three!

AROMATHERAPY ASSOCIATES – LUXURY, ANTI AGEING

This luxury facial will achieve instant, long lasting results that noticeably lift, tone and firm the skin, accelerated by stimulating micro-currents to deliver active ingredients deeper into the skin and give a non-surgical face lift.

The Ultimate Radiance Facial

85 minutes ~ £110

55 minutes ~ £72

AROMATHERAPY ASSOCIATES – SPECIALISED

Perfect for problem skin or skin in need of a thorough cleanse to brighten up your complexion. "Seven times more effective than your average cleanse!" This facial uses a galvanic current, which goes deep into the pores to draw out the impurities that cause skin congestion.

Aroma Clear Facial

55 minutes ~ £69

Teen Aroma Clear

40 minutes ~ £48

FACIALS MACHINE BASED

ENVIRON – ANTI AGEING, SPECIALISED

Environ's formulas have pioneered new standards in skin care. Environ products are renowned for their anti-ageing effects in revitalising, purifying, general firming and toning.

(Please allow an extra 15 minutes for all Environ Facials to allow time for a consultation)

ENVIRON – ADVANCED ACTIVE VITAMIN TREATMENT

Packed with nourishing, anti-ageing ingredients, the Active Vitamin Treatment is suitable for all skin types and is particularly effective at addressing sun-damage, pigmentation, premature ageing, dryness, uneven skin tone and scarring with measurable differences after just one session.

85 minutes (10 areas) ~ £95

55 minutes (3 areas) ~ £72

ENVIRON – COLLAGEN BOOST POWER FACIAL

This peptide-packed facial helps to boost collagen, soften fine lines and tighten lax skin, resulting in a more youthful appearance. Ideal for targeting mature or photodamaged complexions.

85 minutes (10 areas) ~ £95

55 minutes (3 areas) ~ £72

ENVIRON – HYDRABOOST TREATMENT

The perfect antidote to dry, lacklustre skin, this intensive treatment deeply hydrates reducing fine lines, while plumping and firming the skin. Based on hyaluronic acid which holds 1000 times its own weight in water.

55 minutes ~ £90

FACIALS MACHINE BASED

ENVIRON – COOL PEEL TREATMENT

This revolutionary approach to peeling achieves incredible results without damaging the skin. Low strength lactic acid is used to reduce the skins PH and trigger the release of growth factors, which creates tighter smoother skin. It destroys bacteria, boosts hydration and removes the build-up of dead skin cells, The cool peel is ideal for clients with lines and wrinkles, rough or problem skin, sun damage and rosacea.

55 minutes ~ £65

Course of 6 (recommended one per week) ~ £325

ENVIRON – COLLAGEN STIMULATION THERAPY

(Also known as medical needling or dermaroller). CST is an advanced, innovative treatment based on sound scientific evidence and clinical results. CST harnesses the body's natural powers of healing to tighten the skin and improve the appearance of lines, wrinkles, scars, dilated blood vessels and uneven skin tone.

2.5-3 hours ~ £250 ~ £300

Course of 6 (recommended one per week) ~ £1200

ENVIRON – FROWN TREATMENT

Active ingredients are driven deep into the skin to soften lines and reduce muscle tension in the forehead helping to prevent new lines forming. The treatment targets the same chemical complexes as injectables without the associated risks.

45 minutes ~ £90

FACIALS MACHINE BASED

CACI – ANTI AGEING, SPECIALISED

The CACI Synergy offers: new S.P.E.D™ microcurrent LED technology, orbital dermabrasion, ultrasonic peeling and CACI's unique Wrinkle Comb (a non-invasive alternative to dermal fillers). All CACI courses are recommended 2/3 per week. Please see our website for more information and Caci treatments.

CACI SYNERGY TONING 'RED CARPET FACIAL'

Combining The Caci Signature Non-Surgical Toning Facial with Microcurrent, Led light Therapy, Orbital Micro Dermabrasion, Ultra Sonic skin Peeling and Caci's unique Wrinkle Comb.

90 minutes ~ £120

Course of 10 (Buy 9) ~ £1080

CACI SYNERGY SIGNATURE FACIAL TONING

CACI's signature Non-Surgical Facial Toning enhanced with S.P.E.D microcurrent LED technology. Microcurrent impulses will lift and tone the facial muscles and the neck area, whilst improving skin elasticity & reducing the appearance of fine lines and wrinkles.

55 minutes ~ £68

Course of 10 (Buy 9) ~ £612

CACI JOWL LIFT

This treatment is specially designed to target muscle laxity around the jawline, lift and firm the muscles and refine facial contours to give a firmer, more toned appearance.

25 minutes ~ £35

Course of 10 (Buy 9) ~ £315

or (add on) ~ 15 minutes ~ £20

FACIALS MACHINE BASED

CACI EYE REVIVE

Reduces puffiness and dark circles and softens the appearance of fine lines and wrinkles around the eyes.

30 minutes ~ £48

Course of 10 (Buy 9) ~ £432

or (add on) ~ 15 minutes ~ £20

3D SKIN TECH – ANTI AGEING

Using 4 steps, rotational diamond peel Microdermabrasion which removes the top layer of dead skin, Tri polar radio frequency to stimulate collagen reducing wrinkles and tightening loose skin, no needle Meso Therapy encouraging cellular activity and elastin production and LED light Therapy ideal for healing, stimulating collagen and elastin, energising and repairing damaged cells.

70 minutes ~ £95

Course of 6 ~ £500 (1 per week)

GENIE

The genie system is a 1000 times stronger than most other systems and will help re build your facial muscle mass.

TAKE 10

A ten minute 'Non-Surgical Facelift' with visible results after just one session. The treatment works directly on sagging facial muscles helping the muscles regenerate themselves creating a fuller face benefiting from a visible lift.

10 minutes ~ £32

Course of Ten ~ £290

MICROTECH FOR THE EYES OR NECK

A micro current to help re-build collagen, softening fine lines and wrinkles as the skin becomes more moisture retentive.

10 minutes ~ £20

Course of Ten ~ £180

HANDS ON FACIALS

LUXURY, SPECIFIC, ANTI AGEING

Using either Aromatherapy Associates, Organic Made for Life or Environ products or a combination of all three! With a hands on facial you will receive a décolleté massage and scalp massage.

25 minutes ~ £34

55 minutes ~ £65

70 minutes ~ £74 (In addition a second mask and a hand & arm massage)

85 minutes ~ £85 (As above plus a soothing eye massage using cold stones)

LAVA SHELL FACIAL

Using heated tiger clam shells, this deeply hydrating and lifting thermal massage gives radiance to the skin, mind and muscles. Enjoy the added benefits of a face, neck, décolleté, head and shoulder massage to truly unwind.

55 minutes ~ £68

All our facials are suitable for men and women, however we recommend an Aromatherapy Associates Refinery Facial (exclusively for men) or Environ.

ADD ONS' AND MINI FACIALS

The following treatments can be had on their own or added to any of our facials. (Please request when booking).

LED LIGHT THERAPY

Blue light for acne skin, green light for pigmentation and regeneration of cells, red light for anti-ageing, increasing blood circulation, collagen synthesis and reduces pore size, yellow light helps with anti-inflammatory, relaxes the nervous system and increases lymphatic circulation.

15 minutes ~ £25 (add on)

25 minutes ~ £30

ENVIRON FROWN TREATMENT

This highly effective treatment uses a special penta-peptide serum to target frown lines and achieve dramatic results. The unique combination of active ingredients is driven deep into the skin to soften lines and reduce muscle tension in the forehead helping to prevent new lines forming.

15 minutes ~ £35 (add on)

MICROCURRENT FOR THE EYES OR NECK

A Micro Current to help re-build collagen, softening fine lines and wrinkles as the skin becomes more moisture retentive.

10 minutes ~ £20.00 (add on)

25 minutes ~ £38

MICRODERMABRASION

Encourages skin renewal, helps reduce pore size, congestion, sun damage, age spots and the appearance of fine lines.

25 minutes ~ £36

ADD ONS' AND MINI FACIALS

TRI POLAR RADIO FREQUENCY

Best for stimulating collagen, reducing wrinkles and tightening loose skin.

25 minutes ~ £38

GENIE TAKE 10 & MICROCURRENT

Known as the personal trainer for the face. An extremely strong facial current which work the muscles in the face, combined with a gentle micro current focusing around the eyes or neck.

35 minutes ~ £39

GALVANIC & HIGH FREQUENCY CURRENT

Anti-bacterial, best for purifying acne prone skin.

25 minutes ~ £38 (add on)

STEAM, SQUEEZE & CLARISONIC CLEANSING

Best for extraction, reducing blocked pores and comedone removal.

25 minutes ~ £35

REVITALISING FACE AND EYE TREATMENT

A mini facial focusing on the eye area incorporating cold stones to improve circulation and reduce puffiness.

25 minutes ~ £34

MASSAGE

Our massages can be either deep tissue or relaxing, (please inform your therapist of your preferred pressure and any areas you would like extra 'work' on). We use a combination of Swedish, Aromatherapy and Ayurvedic massage techniques.

BACK, NECK & SHOULDER

25 minutes ~ £32 / 40 minutes ~ £42

BACK, NECK, SHOULDER & SCALP

40 minutes ~ £42

FULL BODY

55 minutes ~ £60 / 70 minutes ~ £72

FULL BODY & FOOT MASSAGE

80 minutes ~ £80

THE REAL AROMATHERAPY EXPERIENCE

This relaxing massage will help dissolve your stress and tension from your head to your toes. Using specially blended essential oils chosen for you.

70 minutes ~ £75

AROMATHERAPY ASSOCIATES IMMUNE RECOVERY

An upper body, scalp, décolleté and pressure point Ayurvedic massage that helps keep your respiratory tract and sinuses clear, ease headaches and keeps your immune system strong.

55 minutes ~ £60

ADD ON

Please ask if there is an extra area that you would like to be massaged ie: legs, feet or shoulders which you can add on to any of our treatments.

15 minutes ~ £16

MASSAGE

AHMED'S MESSAGES

Ahmed is our only male masseur. He specialises in sports massage but he also really loves to give a gentle, soothing and caring massage.

SPORTS MASSAGE

30 minutes ~ £36 / 40 minutes ~ £47 / 55 minutes ~ £65

KILLIPATRA MASSAGE

This massage has been specially created by Ahmed. It's an ancient Egyptian massage 'Caring', relaxing and de-stressing top to toe full body massage.

55 minutes ~ £60

LAVA SHELL AND LAVA STONE MASSAGE

A luxurious massage combining heat and touch. Lava Shells/Stones can be used to treat a multitude of concerns, easing aching muscles and joints and alleviating the suffering from IBS and bloating.

HOT LAVA SHELLS/STONES FULL BODY MASSAGE

55 minutes ~ £64 / 40 minutes ~ £48 / 70 minutes ~ £78

HOT LAVA SHELLS/STONES FULL BODY & TUMMY MASSAGE

85 minutes ~ £90

HOT LAVA SHELL FLAT TUMMY AND BACK TREATMENT

Perfect for anyone suffering from fluid retention, bloating or poor digestion. It is also suitable as part of a detox programme.

40 minutes ~ £48

FACE AND BODY COMBINATIONS

HOT LAVA SHELLS TRIPLE LIFT FACIAL & FULL BODY MASSAGE

This is a 2 hour indulgent and truly pampering triple lift facial and full body massage using the warmth of heated lava shells. To instantly relax you allowing you to drift into a tranquil state of mind.

120 minutes ~ £125

ESSE SPA RITUAL

Two hours of complete bliss! A skin specific anti-ageing facial combined with an aromatherapy full body massage, leaving you feeling completely relaxed and de-stressed.

120 minutes ~ £120

NEOM SLEEP / DE STRESS TREATMENT

Beginning with a little guided meditation to help focus the mind. We then massage every inch of your body with warm candle oil and the very best techniques of Shiatsu, Cranio, Thai massage and Trigger Point work.

70 minutes ~ £75

100% ORGANIC MADE FOR LIFE HEAD IN HEAVEN

Drift away into a hypnotic state of relaxation with this upper body and facial massage. This treatment can be used with clients during and after cancer and has been supported by Macmillan and The Mermaid Centre in Cornwall.

70 minutes ~ £72

THE REFINERY MEN'S FACIAL & BACK TREATMENT

Starting with a back cleanse and exfoliation, followed by a stress relieving back, neck and shoulder massage and a deep cleansing facial to re balance, clarify and hydrate the skin.

85 minutes ~ £92

SCRUBS AND WRAPS

BODY SCRUBS

Choose from an invigorating coarse lime and lemongrass or our gentle wild rose salt scrub. Exfoliating dead skin cells, smoothing the skin leaving the skin cleansed polished and refreshed.

25 minutes - £32

COLLAGEN & COCONUT SKIN SALVAGE

Starting with a soothing and nourishing coconut and lychee all over body buff, followed by a gentle full body application of organic coconut oil, a mini facial with a plumping collagen mask and a deep coconut scalp massage.

85 minutes - £85

NEOM HAPPY

Beginning with a little guided meditation designed to lift your mood. Your skin will be lightly buffed from head to toe. Shiatsu, Cranio, Thai massage and trigger point techniques are applied to the back, neck, shoulder, face and scalp to decrease stress levels and release endorphins leaving you feeling relaxed and happy.

70 minutes - £74

AROMATHERAPY WILD ROSE HYDRATOR

This treatment begins with a gentle wild rose salt scrub exfoliation, followed by a layering of moisturising and softening rose body oil and rose body cream, leaving your skin nourished and rejuvenated. Whilst warmly wrapped, enjoy a deep scalp massage.

55 minutes - £60

DETOX, SCRUBS AND WRAPS

A CLEAN START

Starting with a zingy lime and lemongrass full body exfoliation to invigorate, and slough away dull skin. Followed by a deep cleanse face mask and a full body wrap with green tea, red tea, white tea and mint leaf. This will help draw out toxins, tone the skin, repair skin cells and leave skin luminous and glowing. Whilst wrapped up enjoy a deep scalp, and décolleté massage.

70 minutes ~ £74

DETOX AND REVIVE FULL BODY SCULPT

85 minutes ~ £90

Stimulating detoxifying exfoliation combined with a vigorous massage which helps to tighten and tone the body. Targeting the 3 main areas of concern from cellulite-prone hips to upper arms to chest with special focus on tightening up your tummy.

Or chose your specific area:

TUMMY SCULPTING

55 minutes ~ £65

Course of 3 for £180

HIPS AND THIGHS CELLULITE SMOOTHING

55 minutes ~ £65

Course of 3 for £180

UPPER BODY AND ARM CONTOURING

45 minutes ~ £48

LOVELY LEGS, GLACIER SHELLS DETOX MASSAGE

This treatment uses hot and cold Tiger Clam Shells to perform deep leg and tummy massage. If you suffer from cellulite, sluggish circulation, tired achy legs, sore muscles or fluid retention, this will stimulate your circulation and help aid lymphatic drainage.

40 minutes ~ £49

DETOX AND INCH LOSS

GENIE BODY

Genie is the ultimate slimming and toning system on the market today using powerful body contouring technology.

A course is advised for longer lasting results.

GENIE LYMPHATIC DRAINAGE (WEIGHT LOSS)

Helps rebalance the body by flushing any excess water and toxins out leading to a reduction in fluid retention and cellulite formation.

35 minutes ~ £48

Course of 10 for £450

GENIE SLIMTONE (TONING AND INCH LOSS FOR THE BODY)

Helps re-contour, re-shape and firms by building up muscle mass by exercising individual chosen muscle groups. (equivalent to 360 sit ups!) This also can help to reduce the appearance of Cellulite.

35 minutes ~ £48

Course of 10 for £450

10 SLIMTONE + 3 LYMPHATIC DRAINAGE

A combination of Lymphatic drainage and Slimtone.

(advised within 4 weeks) ~ £550

THE UNIVERSAL CONTOUR WRAP

A detoxifying body wrap that guarantees a loss of 6 inches or more. This works through loss of toxins not water loss.

(Recommended 1 per week ~ £20 deposit required)

2 hours ~ £78 / Course of 3 ~ £220

MANICURES

(Please request French polish when booking as we require a longer appointment time with an additional cost of £8)

SHELLAC MANICURE

Includes file, shape, cuticle work, hand and arm massage & shellac polish.

£39 ~ with Shellac removal ~ £49

FILE & SHELLAC

(Only advised for nails and cuticles in a good condition)

25 minutes ~ £28 with Shellac removal ~ £38

SHELLAC REMOVAL HANDS

File, shape, cuticle work, hand and arm massage and a nail treatment.
(Doesn't include re-application)

25 minutes ~ £22

OPI / VINYLUX / SHELLAC LUXURY MANICURE

Includes file, shape, cuticle work, soak, exfoliation, hand and arm massage, heated mitts, a mini shoulder massage and polish application.

55 minutes ~ £48

OPI / VINYLUX MANICURE

Includes file, shape, cuticle work, hand and arm massage and OPI/Vinylux application.

40 minutes ~ £35

EXPRESS MANICURE

A shortened manicure, only suited if your nails are in a good condition.

25 minutes ~ £26

PEDICURES

(Please request French polish when booking as we require a longer appointment time with an additional cost of £8)

SHELLAC PEDICURE

Includes file, shape, cuticle work, exfoliation, hard skin removal, massage and shellac polish.

55 minutes ~ £48 with Shellac removal ~ £58

FILE & SHELLAC

(Only advised for nails and cuticles in a good condition)

25 minutes ~ £28 with Shellac removal ~ £38

OPI / VINYLUX / SHELLAC LUXURY PEDICURE

Includes file, shape, cuticle work, exfoliation, hard skin removal, massage heated booties, a mini shoulder massage and polish application.

70 minutes ~ £55

OPI / VINYLUX PEDICURE

Includes file, shape, cuticle work, exfoliation, hard skin removal, massage and polish application.

55 minutes ~ £45

EXPRESS PEDICURE

A shortened pedicure with the choice between cuticle work and hard skin removal.

25 minutes ~ £26

HAND AND FOOT CONDITIONING

ENVIRON AGE REPAIR HAND AND NAIL CONDITIONING

Includes file, cuticle work, exfoliation, heated mitts, hand and arm massage with vitamin oil, hydrating lotion and a nail treatment. Deeply nourishes rough, tired hands helping improve the elasticity of the skin and reducing sun damage.

25 minutes ~ £29

FOOT CONDITIONING

This treatment includes heated booties and will condition your feet and cuticles. We will remove hard skin, apply a layer of nourishing oil and cream followed by a lower leg and foot massage and a nail treatment.

25 minutes ~ £29

PARAFFIN WAX TREATMENT

Helps alleviate arthritic pain, poor circulation, stiff joints, fibromyalgia, sore muscles and hydrates dry skin and cuticles. Includes cuticle work, shape & a nail conditioning treatment.

Hands ~ 25 minutes ~ £29

Feet ~ 40 minutes ~ £42

MADE FOR LIFE 100% ORGANIC SOUL SENSATION

Refresh those tired, aching feet (and soles) with a rosebud foot soak and exfoliation, completed with a soothing leg and deep foot massage with cooling peppermint, healing rosemary.

(This treatment can be added on to any of your chosen massages or facials).

25 minutes ~ £29

HAIR REMOVAL

WAXING

We use a gentle Tea Tree warm wax and Lycon hot wax.
(For sensitive skin, small & intimate areas, please request hot wax when booking)

- Full Leg ~ £37
 - Half Leg / 3/4 Leg ~ £26
 - Bikini Line ~ £15
 - Hollywood / Brazilian ~ £36
 - Fore Arm ~ £14
 - Under Arm ~ £12
 - Lip or Chin ~ £10
 - Lip and Chin ~ £15
 - Nose ~ £12
 - Back / Chest ~ £26
-

IPL PERMANENT HAIR REMOVAL

A pre booked complimentary consultation and patch test are required before any IPL treatment. Courses for all areas are based on 6 Treatments for the Price of 5. Additional areas can be treated on request.

- Full Leg ~ £220
- Half Leg ~ £150
- Bikini Line ~ £90
- Brazilian ~ £140
- Hollywood ~ £150
- Under Arm ~ £70
- Fore Arm ~ £120
- Top Lip ~ £40
- Chin ~ £50
- Top Lip and Chin ~ £75

(Due to the fact that we can't determine what stage of growth your hairs are at, several courses may be required to make sure that all hair follicles are equally treated and hair production is permanently destroyed.)

EYEBROWS AND EYELASHES

SHAPING / TINTING

- Eyebrow Tidy ~ £15
 - Eyelash Tint ~ £18
 - Eyebrow Tint ~ £12
 - Eyelash and Brow Tint ~ £26
-

HIGH DEFINITION EYEBROWS

Includes Tinting or Henna, waxing, threading, trimming & plucking.

1st HD/Henna brows ~ 40 minutes ~ £38

Subsequent HD/Henna brows ~ 30 minutes ~ £30

LVL

An alternative to eyelash extensions. LVL lash lifting and tinting treatment is designed to enhance your lashes for a more natural look.

55 minutes ~ £52

(Includes lower lash tint)

EYELASH EXTENSIONS

- Full Set ~ 85 minutes ~ £85
- Half Set ~ 60 minutes ~ £58
- Maintenance ~ 40 minutes ~ £42

ADVANCED COSMETICS

A 15 minute consultation and patch test is required a minimum of 24 hours prior to your treatment. This is £15 and can be redeemed against any of the advanced cosmetic procedures.

- Skin tags
- Spider Naevus
- Red Thread Veins
- Hairs in Moles

15 minutes ~ £50

30 minutes ~ £70

40 minutes ~ £90

MILLIA & BLOOD SPOTS

(no consultation needed)

15 minutes ~ £35

30 minutes ~ £50

ELECTROLYSIS

15 minutes ~ £20

30 minutes ~ £39

EARPIERCING

(Minimum age 7 years)

Includes a choice of Caflon hypoallergenic gold plated studs and after care solution. (A spare set of earrings are available to purchase for £10 a pair)

15 minutes ~ £25

MAKE UP AND TANNING

JANE IREDALE AND INIKA ORGANIC MAKE UP

Our Jane Iredale and Inika products are hypo allergenic, dermatologist tested, Natural and Vegan.

Learn the tricks of the trade and how to create your perfect signature look.

MAKE-UP APPLICATION

40 minutes ~ £40

MAKE-UP MASTERCLASS

55 minutes ~ £60

BASE

Colour match, finding the perfect base, how to apply bronzer/blusher, brush tips and techniques

25 minutes ~ £28

EYES

Colour tips to match eye shade, application techniques, blending techniques, eyeliner tutorial & brow tutorial.

25 minutes ~ £28

WEDDING TRIAL ~ 85 minutes ~ £78

APPLICATION ON THE DAY ~ 40 minutes ~ £40

WEDDING MAKE-UP WITHOUT TRIAL ~ 60 minutes ~ £58

BRIDESMAIDS ~ 40 minutes ~ £40

PROM MAKE-UP ~ 25 minutes ~ £30

TANNING

Using Vita Liberata our non-toxic, odour free, natural and certified organic approved extracts tan solution. An all over body scrub is applied to smooth the skin, followed by an application of tan.

Full Body ~ 45 minutes ~ £45

Legs Only ~ 25 minutes ~ £28

MATERNITY

Our Therapists are fully qualified in maternity treatments from the second and third trimester and post pregnancy.

MUM TO BE FULL BODY

A completely relaxing full body massage using our safe but effective pre-natal techniques helping to relieve back pain, improve sleep and boost your mood.

55 minutes ~ £65

FREE LOADER

A wonderful back and upper body massage specifically designed to release tension and muscle fatigue. This treatment focuses on the muscles that are responsible for supporting the pregnant tummy.

40 minutes ~ £48

LIGHTER LEGS

A mineral-rich foot soak exfoliation and massage for lower legs and feet to help with poor circulation and water retention. While you sit back and relax, we massage your hands and cuticles too.

25 minutes ~ £30

Add a toe paint ~ £12

MUM TO BE SPA DAY

There's nothing like having a little bit of 'me time' when you're pregnant, relieve back pain, improve sleep, boost your mood, reduce stress and tension and enjoy some ultimate pregnancy pampering.

Includes Free Loader, Lighter Legs and a glass of Organic Luscombe Juice.

70 minutes ~ £75

EXERCISE

CLASSES

We have 2 purpose built studios that are light and airy with natural wood flooring. We like to keep our classes quite small and personal. Studio 1 is a maximum of 10 people and Studio 2 is a maximum of 12.

Our team of instructors are extremely loyal, kind and professional.

- PILATES
- IAMBARRE
- PARTY FIT
- YOGA
- PRE NATAL / POST NATAL YOGA

Classes are available for Beginners, intermediate and advanced levels. Please contact us via Email or Phone for the details of the instructors class / classes you are interested in or visit our website for more information or to view an up to date class time table

All classes include use of our Sauna and Shower Area and a Complimentary tea / coffee after your Class at our bar. (Please bring your own towel).

FEELING GOOD - LOOKING GOOD

SHOP OPENING HOURS

Monday ~ 9.00am ~ 6.00pm
Tuesday ~ 9.00am ~ 7.00pm
Wednesday ~ 9.00am ~ 8.00pm
Thursday ~ 9.00am ~ 8.00pm
Friday ~ 9.00am ~ 6.00pm
Saturday ~ 9.00am ~ 5.30pm
Sunday ~ 10.00am ~ 4.00pm

SPA OPENING HOURS

Monday ~ 9.00am ~ 5.00pm
Tuesday ~ 9.00am ~ 5.00pm
Wednesday ~ 9.00am ~ 8.00pm
Thursday ~ 9.00am ~ 8.00pm
Friday ~ 9.00am ~ 6.00pm
Saturday ~ 9.00am ~ 5.30pm
Sunday ~ 10.00am ~ 4.00pm

30 Station Road, Melbourn, Cambridgeshire SG8 6DX
T: 01763 261 000 · E: info@esse.uk.com · W: www.esse.uk.com

FREE PARKING

Available in our own private car park next door.
(Subject to availability)

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